

Instruction for Human

IMPORTANT:

Read this manual before trying to make the first contact. This instruction is about a Human, or a Creature. When contacting a Human, basic rules should be followed, including the following:

Attention! To reduce risks:

1. Make eye contact before doing anything else. If the Creation does not want to communicate, you will understand it by the way they look and move.
2. Do not think that the Creation is going to attack immediately. There is a chance that you met them in the habitat and they will not show aggression.
3. Try to shorten the distance. Stop at the acceptable approach limit. The distance to the Limit differs for Humans depending on their habitat, but you can tell from their look where the Limit is. If you can't feel it, focus on your own acceptable approach Limit, and double the distance.
4. Be prepared for the fact that Human is gorgeous. If their magnificence causes you tension, pain, a strong emotional response, have a break before continuing the communication. An analysis of human communication has shown that it is more productive to form an alliance with them than to destroy them.
5. Do not destroy the Human.
6. If a Human loves you, do not leave him alone. If he hates you, leave him alone.

We pass to the main part of the instruction now.

HUMAN - COMPONENTS

Human is a psychophysical Creature, which therefore has a complex structure: his soul is intertwined with the body, and if the soul is disturbed, then the body suffers, and vice versa. For example, it is revealed that Human X needs to eat a muffin in the morning; it heals their soul. The final conclusions are not yet made: it is not known what percentage of the process is influenced by the fact that these muffins are baked by their grandmother or that she plays the piano while they eat.

CONTACT WITH HUMAN

If you manage to shorten the distance enough that you can touch the Human, try to do so. First, gently, with a soft warm movement, put your hand on their shoulder and perform a stroking action. If the Human allows that and likes your touch, you will understand it by an increase of level of friendly attitude, which is felt as a positive vibration. This means that you have established a level one contact.

LEVEL 1

Problems you will face at level 1

1. The Human disagrees with you. This is a very painful experience, but one should not obey the first instinct: to isolate or destroy the Human. It is necessary to enter into a dialogue with them - a key concept for human communication. During the dialogue, common values should be discovered.

How to make a dialogue with a Human?

Step 1. Propose a thought for discussion.
Step 2. Listen to what Creation says in response.
Step 3. Think about what they said.
Step 4. Say an answer that shows a). that you understood what Human said b). How do you feel about their words.
Step 5. Initiate the continuation of the algorithm with the steps 2-4 until you feel a positive vibration associated with an increase of friendliness level.

2. The Human doesn't love you enough. Be prepared for the fact that at the first level of contact, the Human will not love you much and express his love sufficiently. However, there may be such an illusion associated with the joint use of vodka and other alcohol.
3. Human wants to make contact with other Creatures, not only with you. We don't have exact studies yet on why this happens.

If you have passed the first level of contact and are still in short distance with them, you can move on to the level 2 contact.

LEVEL 2

To do this, invite Creation to do one action together from the list below. Some of them may seem meaningless, do not try to find a point.

List of joint actions

- 1). To hang out. (You can say, "Should we hang out sometime?" It actually means that you will be producing a dialogue.)
- 2). To go pick up gifts. (You can say to a Human: "Let's go buy gifts?")
- 3). To take justice in your hands. (You can say to a Human: "Is someone bothering you?")
- 4). To go on a trip (Actually, this means that you will be producing a dialogue, but in a different location).

Problems you will face at the second level of contact

1. Getting used to the patterns of Human behavior can lead to boredom. It is not necessary to isolate or destroy the Creation - perhaps they will later be suitable for contact with someone else.
2. You need to be prepared for the fact that the Human is changing. Even their point of views and goals are changing during the Dialogue. There is no need to isolate the changed Creation - there is a possibility that it has changed after a productive contact with You.
3. If you have been reaching level 2 for a long time, then the Human may already be old and they may not have the strength to reach new levels of contact. Therefore, it is recommended to spend no more than 15 years on each stage of contact.

If you have managed to solve the problems of the second level of contact, you can move on to level 3: embrace the Human.

LEVEL 3

To do this, you need to fix both hands on his back so that they are attached to their body. Your body should also be softly attached to their torso, so that they have the impression of your full presence - both on their back and on

their stomach, they should be surrounded. If done right, you will experience a strong positive vibration and an increase in friendliness.

The most important thing:

At all stages of contact, it is unacceptable to build vertical relations with the Creation, it destroys them. Don't obey them, don't order them, don't manipulate them. Do not lie to them for good or bad. They can lie to you and it can kill you, but you don't need to think about it, because lies cannot be determined or predicted. Don't be above them, don't be below them. Do not enslave them and do not give them power. Make contact in a horizontal direction. When embracing, do not throw them off their axis. Starting a joint movement, feel where they go.

Thank you for your interest in Human, Creature. We hope that you will be satisfied with the Human and we invite you to try to make the first contact.